

a-z vegetable seeds & plants



'All our vegetable seeds and vegetable plants in one easy-to-use listing, including many superb new varieties!'



David Matland - Searching out the best varieties for you!

Our vegetable varieties are specially chosen to give you quality, a high yield and a wide choice, but above all garden freshness with the flavour that only home growing can achieve. Our listing includes improved information on GROWING, COOKING, plus NUTRITION & HEALTH BENEFITS. All our vegetable seeds are free from post harvest chemical treatment, making them ideal for all those people who are now choosing to garden without the use of chemicals.

Look out for 'David's choice' - a selection of personal favourites

Key to abbreviations used in this section:-

AGM: Award of Garden Merit from the R.H.S.

RHS: Royal Horticultural Society.

Row 10ft: The length of row you can expect to sow from a packet.

Varieties recommended for exhibition.

NIAB Varieties trialled, tested and recommended by the National Institute of Agricultural Botany.

Varieties recommended for deep freezing.

'TRIPLEPACKS' offered on some popular vegetable items are 3 standard packets at a discounted price.

N.B. You will find an indication of time from sowing to harvest where applicable: e.g.

CALABRESE (12-16 WEEKS)

KEY FACTS: Against each type of vegetable you will find our Key Facts, to tell you more about the varieties and how to grow them.

KEY FEATURES - Don't miss our new Key Feature symbols - a source of useful and interesting information:

Health Benefits - Everyone knows that vegetables are good for you, and you will find vitamin and nutrient content shown for each type of vegetable. See also the guide on page 9.

Hints & Tips - Useful snippets of information based on experience - take note and they will help you to even better results!

Cooking Hints - Some culinary hints to ensure that your vegetables taste every bit as good as they should.

Look out for our easy to grow tubers, sets and other items throughout this section

FIVE GREAT REASONS TO GROW YOUR OWN:

1. Peace of mind

With such concern about the origin of the food we eat and the chemicals that it may well have been treated with, growing your own is the only way to be sure you know exactly what you're eating!

2. Quality

The quality and vitamin content of fruit & vegetables begins to decline as soon as they are harvested - so the best way to achieve the maximum possible freshness, flavour and nutrient quality is to eat them freshly picked from your garden.

3. Ease

Growing them is not difficult! Find a decent bit of soil, in a sunny or semi-shaded position, and almost all will thrive. Just follow the instructions provided and watch them flourish!

4. Space

Even if the extent of your garden is no more than a small patio there are still varieties for you.

5. Ornamental Quality

A whole host of vegetables are so attractive they deserve to be grown in the flower garden, mixed in as a traditional 'potager'.

Vegetable growing chart

A useful, at a glance guide showing sowing and harvesting times for our most popular vegetables.

KEY

- Sow under cloche, cold frame, or in unheated greenhouse
- Plant out from under glass
- Sow outdoors
- Transplant outdoor sowings
- Harvest period

Vegetable	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	
Beans - Runner																			
Beans - Dwarf French																			
Beans - Broad																			
Beet																			
Borecole (Curly Kale)																			
Broccoli - Sprouting																			
Brussels Sprouts																			
Cabbage (summer & autumn)																			
Cabbage (spring)																			
Cabbage (winter)																			
Cabbage (Savoy)																			
Carrots																			
Cauliflower (summer & autumn)																			
Cauliflower (winter & spring)																			
Celery																			
Leaf Beet (Perpetual Spinach)																			
Leek																			
Lettuce																			
Marrow & Courgette																			
Onion Seed																			
Onion Sets																			
Parsnip																			
Pea																			
Radish																			
Spinach																			
Swede																			
Sweet Corn																			
Turnip																			